

## Diabetes Clinical Trials

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Understand current thinking in the area of diabetes, treatment options and the relevance to clinical trial design and conduct.

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### What Is The Course About?

This 1-day course provides participants with an excellent overview of diabetes and alongside the comprehensive medical explanations of the disease and its treatment options, information is also provided on the demographics and economics of diabetes. This link helps organisations to understand their challenges and the importance for their research pipelines, making this a very valuable course for all clinical trials professionals.

By the end of the course, you will:

- understand the importance and impact of diabetes as a disease area
  - know the metabolic conditions underlying diabetes
  - learn about the progress of anti-diabetic therapy
  - understand current treatment paradigms
  - strategically assess the future and your organisation's competitive position
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### The Trainer

Dr Ian Dews

Ian is a qualified medic with more than 25 years of experience of drug development as both an investigator and a pharmaceutical physician. He is a director of a small consultancy company providing drug development and regulatory support to the pharmaceutical and medical device industries. Ian's previous role was as European Director of Drug Development for a global, full service CRO where he was responsible for working with clients to develop compounds from the discovery stage through to the conclusion of clinical research.

Prior to this, Ian was the European Medical Director of a global, full service CRO. In this role he was involved in the writing of Clinical Development Plans and Expert Reports and was responsible for the supervision of global drug development programmes.

He has acted as an investigator in more than 50 hospital clinical trials in the fields of heart failure, angina, hypertension, arrhythmia and clinical pharmacology. He is a key Rostrum trainer, and has been delivering successful courses since its inception in 1987.

Ian is a Fellow of the Faculty of Pharmaceutical Medicine and acts as a Senior Specialist Adviser within the Higher Medical Training programme of the Faculty.

#### Course Fee: £599 +vat

If you book on the course more than 9 weeks in advance, a 10% discount will be applied.

Location: The Regency Hotel, 100 Queens Gate, South Kensington, London, SW7 5AG

For more information about this or any of our other courses or services, please call us on +44 (0)118 975 4512 or visit our website [www.rostrumtrainingsolutions.com](http://www.rostrumtrainingsolutions.com)

# Programme

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### Introduction & Objectives

#### What Is Diabetes?

- History
- Mortality and morbidity
- Type 1 and Type 2 diabetes
- Metabolic syndrome
- Diagnosis
- Complications

#### How Is It Currently Treated?

- Diet
- Insulin
- Oral drugs
- Goals of treatment
- Long-term outcomes

#### What Is Coming For The Future?

- An overview of current research trends
- Special challenges raised for future clinical trials

#### What Do The Guidelines Say About Diabetes Studies?

- The current European Diabetes Guidelines
- Planned changes in Europe
- FDA draft Guidance

#### What Are The Practicalities

- Study design
- Populations
- Endpoints
- Regulatory approval
- Ethics approval
- Recruitment